

Phone: 707-887-2279

Forestville Union School District

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**West Sonoma County Schools
Health Services**

Dear Parents,

In order to keep all our children as healthy as possible we request that you please keep your child home from school when he/she has any of the following symptoms.

If any of these symptoms occur at school we will call you and request that you pick up your child.

1. Temperature over 100 degrees. Keep your child home for 24 hours after the temperature is normal.
2. Vomiting or diarrhea.
3. Suspicious rash.
4. Headache, sever or lasting all day.
5. Earache or draining ear.
6. Reddened, draining eyes.
7. Nasal congestion with running, thick mucus.
8. Persistent cough.
9. Stomachache.
10. Wheezing or difficulty breathing.
11. Sleeping in class.
12. Generally not feeling well and unable to participate in class.

Thank you for you cooperation,

School Nurse